



## What to Pack

### Summer Camp with Table in the Wilderness

- **2-3 pairs of shorts - (cargo shorts are good)**
- **Several t-shirts or short sleeve shirts**
- **Water bottle**
- **Swimwear (check with your leader to see what is appropriate)**
- **2 pairs of pants**
- **2 sweatshirts**
- **Underwear**
- **1-2 pair synthetic socks**
- **Jacket**
- **Good tennis shoes and hiking boots (trail will be rugged)**
- **Water socks or sandals that could be worn in a river**
- **Packable rain gear**
- **Sunglasses**
- **Sunblock, bug spray**
- **Towel (small)**
- **Pillow**
- **Sleeping bag (pack able mummy type bag)**
- **Toiletries**
- **Spending money**
- **Bible, notebook, pen**
- **Small Flashlight**

\*As you pack, please keep in mind that it will be nice during the day and fairly cool at night. There will also be a chance of rain. We have extra sunblock, bug spray, toiletries, and first aid items if you forget, so don't panic if you forget something!

\*For backpacking, clothing made from synthetic (not cotton) fibers are better as they can still insulate when they get wet. Backpacking in jeans is not a good idea. Wind pants and shorts work much better. If you have a pack or other gear that you'd like to bring, feel free.

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